



GENDER RECOGNITION GRC GUIDE



Only changing your name

- If you don't also wish to change your gender, you can just complete a deed poll
- Later in life you can choose to change your gender if you wish, via GRC.

GRC Eligibility

- Note: Ireland only legally recognises "male" and "female". There is no option for non-binary people to have "non-binary" legally recognised.
- You must be over 18 to do it yourself (*for U18's, see further down*).
- You must be registered in the register of births **OR** adopted children register **OR** register of intercountry adoptions **OR** foreign births register.
- If you are ordinarily resident in the state but were born outside of it, you can also apply. Evidence of your birth will be required.

Documents needed (over 18)

- You must complete the GRC1 document [available here](#)
- Birth certificate or adoption certificate
- Proof of residency in Ireland (*if born outside the state*)
- A copy of a foreign gender recognition (*if you have one from another state*)

Submitting your documents

- Send completed application form with supporting documents via registered post (cost approx. €9 - €12) to:

Client Identity Services - Department of Social Protection,
Shannon Lodge
Carrick-On-Shannon,
Co. Leitrim, N41 KD81

Change name and gender

- If you wish to also change your name as part of your GRC process, all you need to do is enter your preferred name on your GRC application form.
- You no longer need to complete a separate deed poll
- Note: this policy is consistently under review and may change



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Receiving your GRC

- On receipt of your GRC you will find two additional forms included in the envelope.
- One of the forms is an application for entry onto the Gender Recognition Register. Completing this form will be necessary.
- The other form is an order form for a new birth certificate. A new birth certificate costs €20.
- If you are required to provide your birth certificate to another agency and you can provide evidence of this, the reissued birth cert will be free of charge.
- Once your new birth certificate arrives you can use it to submit your passport application.

Amendments to your GRC

- If you require an **amendment** to a Gender Recognition Certificate please use form GRC2, from Gov.ie
- If you wish to **revoke** an existing Gender Recognition Certificate, please use form GRC3, from Gov.ie

Recognition for Under 18's

- You may apply to have your preferred gender legally recognised if you are aged 16 or 17.
- Your parent or guardian can apply to the Circuit Court to exempt you from the age restriction. They must apply for a Gender Recognition Certificate on your behalf.
- Your parent or guardian must also submit documentation from your medical practitioner, and a psychiatrist or endocrinologist to support your application.
- The Circuit Court Rules set out the process that must be followed.
- If you are younger than sixteen you cannot have your preferred gender legally recognised.
 - You require the following forms, please search for them online as follows:
Form 37P - Notice of Motion
Form 37Q - Grounding Affidavit
Form 37S - Certificate of Medical Practitioner
Form 37T - Certificate of Endocrinologist or Psychiatrist